

Prudential 'Employee F1RST' Co-Wellness Solution

Our holistic digital-enabled co-wellness solution, tailored to your organization's needs, will help you build a healthier, happier and more engaged workforce.



Listening. Understanding. Delivering.



First-of-its-kind employee-centric wellness solution inspired by Prudential's "We DO Care" ethos.

Our modular wellness solution can be easily customized to co-create a lasting employee-first engagement strategy.

Plan at a glance

By leveraging Prudential's revolutionary AI-powered App, Pulse, and through our strategic collaboration with the leading healthcare and wellness providers in Myanmar, our solution provides comprehensive physical, emotional, social and financial wellbeing modules for employees.



PHYSICAL WELLNESS



Fitness

- Free additional Insurance coverage promoting active lifestyle.
- Digital Fitness workshops



Health Assessment

- Digital health assessment
- Telemedicine consultation at discounted rates*
- Discounted rates for medical consultations/hospital services*



Healthy Lifestyle

- Access to fitness facilities and accessories*
- Access to consultation with reputed nutritionists at discounted rate*
- Health & wellness webinars



EMOTIONAL WELLNESS

- A hotline to seek advice from qualified counsellors for psychological wellbeing



SOCIAL WELLNESS

- Get rewarded by encouraging colleagues & friends to join you in your healthy lifestyle
- Exclusive customized talks on social wellness topics



FINANCIAL WELLNESS

- Advance salary feature that provides convenient access to funds during urgent need
- Enjoy Key Benefits of Group Life Insurance Solutions from Prudential

PRUGroup Term



Key Features

- Affordable life cover for employee
- Strong retention tool and loyalty building measure
- Easy enrolment process



Key benefits

- ✓ Death
- ✓ Total and Permanent Disability
- ✓ Injury

PRUGroup Health



Key Features

- Safeguard your employees against high and unexpected healthcare cost
- Access to panel of trusted medical specialists for your medical care
- Choose the coverage to suit your employees' need



Key benefits

- ✓ Daily hospital cash
- ✓ Death and physical accident coverage
- ✓ Optional coverage for surgical and outpatient expenses

- Digital Policy issuance and servicing are designed to give you seamless experiences within few clicks
- Support is available digitally and enables a hassle-free process
- Enjoy Cashless claims in our network hospitals

*Terms & Conditions Apply

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